

## ABSTRACT

A device, method and system for a secure, comfortable grip on a railing or other hand support system. The device includes a skin layer permanently adhered to a 4-way stretchable material layer. The 4-way stretchable material layer is releasably adhered to a railing or other hand support system. A backing layer between the skin layer and the 4-way stretchable material layer can be inserted for greater comfort and friction. The grip of the present invention is designed to be releasably attachable to the railing or other hand support system.